



# MOLAR BEAR FAMILY DENTAL

Integrated Biological Holistic Dentistry

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## New Patient Information

<b>Name (Last, First Mi)</b>		<b>Date of Birth</b>	<b>Sex</b>	<b>Social Security Number</b>
<b>Preferred Name</b>	<b>Home Phone Number</b>		<b>Cell Phone</b>	
<b>Marital Status</b>	<b>Guardian's Name &amp; Relationship</b>		<b>Occupation</b>	
<b>Home Address</b>			<b>Work Phone Number</b>	
<b>Email Address</b>	<b>Dental Insurance</b>		<b>Dental Insurance ID Number</b>	
<b>Dental Insurance Subscriber</b>			<b>Subscriber Date of Birth</b>	
<b>Other Family members that are patients here</b>				

<b>Emergency Contact Information</b>		
<b>I.E, who may we contact in case of an emergency (if it is spouse above you can indicate as below)</b>		
<b>Name</b>		<b>Relationship</b>
<b>Home Phone Number</b>	<b>Work Phone Number</b>	<b>Cell Phone Number</b>



## Visit Information

How did you find out about us? If you were referred here, please let us know who referred you

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**Referred/Requesting evaluation for (check all that apply)**

- Natural/Family Dentistry (Chemical free dental cleaning, fluoride free, BPA free dental fillings)
  - Functional Dentistry (Breathing, sleep, nutrition, testing & safe treatment, growth & development)
  - Baby/Infant airway development
  - Orthopedic Orthodontics (ALF therapy)
  - Adult sleep apnea analysis
  - TMJ therapy (jaw joint therapy)
  - Functional restoration (Function and smile make over)
  - Alternative cosmetic procedures (Smoothlase/LipLase)
  - Other (please indicate below)
- 

We would like to thank you for trusting us with your oral health and taking your time to fill up the form. Let us tell you about our dental office. We are one of the only few holistic dental offices in the DFW area. We have not used amalgam fillings since the day our office opened. We use the finest bio-compatible materials. We offer a unique whole body approach to your health.

We limit radiation exposure to our patients. At your first visit you will take a digital low dose 3D scan rays **once** yearly. If you have different preferences, just let us know! We want you to feel comfortable about your dental care. For more information, please visit our [website](#).

**Do you have any other questions for us, or any concerns you wish for us to address?**

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**In your own words, tell us what you would like help with and what your goals are for this first visit**

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**Do you require any medications prior to dental procedures?**  Yes or  No

If so, what medication (s) \_\_\_\_\_

**Are you accustomed to seeing a dentist on a regular basis?**  Yes or  No

**Please rate your comfort level with receiving dental treatment (Check below)**

No Problem       Slightly Uneasy       Moderately Anxious       Please drag me out now

Please describe any problems you have had with past dental experiences.

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## Dental History

Please answer yes or no to the following:

Yes

No

### Personal History

- |   |                          |                          |
|---|--------------------------|--------------------------|
| 1. Are you fearful of dental treatment?   | <input type="checkbox"/> | <input type="checkbox"/> |
| 2. Have you had any complications from past dental treatments?                  | <input type="checkbox"/> | <input type="checkbox"/> |
| 3. Have you ever had trouble getting numb or reaction to local anesthesia?      | <input type="checkbox"/> | <input type="checkbox"/> |
| 4. Did you ever have braces, orthodontic treatments, or had your bite adjusted? | <input type="checkbox"/> | <input type="checkbox"/> |
| 5. Have you had any teeth removed or missing teeth that never developed?        | <input type="checkbox"/> | <input type="checkbox"/> |

### Gum and Bones

- |  |                          |                          |
|--|--------------------------|--------------------------|
| 6. Do your gums bleed or are they painful when brushing or floss?                        | <input type="checkbox"/> | <input type="checkbox"/> |
| 7. Have you ever been treated for gum disease?   | <input type="checkbox"/> | <input type="checkbox"/> |
| 8. Have you ever noticed an unpleasant taste or odor in your mouth?                      | <input type="checkbox"/> | <input type="checkbox"/> |
| 9. Is there anyone with a history of periodontal disease in your family?                 | <input type="checkbox"/> | <input type="checkbox"/> |
| 10. Have you ever experience gum recession?  | <input type="checkbox"/> | <input type="checkbox"/> |
| 11. Have you ever had any teeth become loose on their own?                               | <input type="checkbox"/> | <input type="checkbox"/> |
| 12. Have you experienced a burning/painful sensation in your mouth, not from your teeth? | <input type="checkbox"/> | <input type="checkbox"/> |

### Tooth Structures

- |   |                          |                          |
|---|--------------------------|--------------------------|
| 13. Have you had any cavities within the past 3 years?  | <input type="checkbox"/> | <input type="checkbox"/> |
| 14. Does the amount of saliva in your mouth seem too little, or do you have trouble swallowing? | <input type="checkbox"/> | <input type="checkbox"/> |
| 15. Are any teeth sensitive to hot, cold, biting, or sweets?                                    | <input type="checkbox"/> | <input type="checkbox"/> |
| 16. Have you ever broken teeth, chipped teeth, or had a toothache or cracked filling            | <input type="checkbox"/> | <input type="checkbox"/> |
| 17. Do you frequently get food caught between any teeth?  | <input type="checkbox"/> | <input type="checkbox"/> |

### Bite and Jaw Joint

- |  |                          |                          |
|--|--------------------------|--------------------------|
| 18. Do you have problems with your jaw joints? (pain, sounds limited movements)                  | <input type="checkbox"/> | <input type="checkbox"/> |
| 19. Do you feel like your lower jaw is being pushed back when you bite your teeth together?      | <input type="checkbox"/> | <input type="checkbox"/> |
| 20. Do you avoid or have difficulty chewing gum, carrots, nuts, bagels, or other hard/dry foods? | <input type="checkbox"/> | <input type="checkbox"/> |
| 21. Are your teeth becoming more cooked, crowded or overlapped?                                  | <input type="checkbox"/> | <input type="checkbox"/> |
| 22. Are your teeth developing spaces or becoming more loose?                                     | <input type="checkbox"/> | <input type="checkbox"/> |
| 23. Do you have more than one bite, squeeze, or shift your jaw to make your teeth fit together?  | <input type="checkbox"/> | <input type="checkbox"/> |
| 24. Do you chew ice, bite your nails, or have any other oral habits?                             | <input type="checkbox"/> | <input type="checkbox"/> |
| 25. Do you clench your teeth in the daytime or make them sore?                                   | <input type="checkbox"/> | <input type="checkbox"/> |
| 26. Do you wear or have you ever worn a bite appliance   | <input type="checkbox"/> | <input type="checkbox"/> |

### Smile Characteristics

- |   |                          |                          |
|---|--------------------------|--------------------------|
| 27. Is there anything about the appearance of your teeth that you would like to change? | <input type="checkbox"/> | <input type="checkbox"/> |
| 28. Have you ever whitened your teeth?  | <input type="checkbox"/> | <input type="checkbox"/> |
| 29. Have you been disappointed with the appearance of previous dental work?             | <input type="checkbox"/> | <input type="checkbox"/> |

### Sleep Health

- |  |                          |                          |
|--|--------------------------|--------------------------|
| 30. Do you have any problems with sleep (restlessness, wake up with a headache)? | <input type="checkbox"/> | <input type="checkbox"/> |
| 31. Has anyone told you that you are a snorer?                                   | <input type="checkbox"/> | <input type="checkbox"/> |
| 32. Do you often feel tired, fatigued or sleepy during the daytime?              | <input type="checkbox"/> | <input type="checkbox"/> |
| 33. Has anyone ever observed you stop breathing, choking/gasping when you sleep? | <input type="checkbox"/> | <input type="checkbox"/> |
| 34. Have you been or are treating with high blood pressure?                      | <input type="checkbox"/> | <input type="checkbox"/> |
| 35. Do you usually fall asleep within 5 minutes?                                 | <input type="checkbox"/> | <input type="checkbox"/> |



## Additional Dental Health Information

For the following section below, check the box that matches you

<input type="checkbox"/> My mouth is very comfortable <input type="checkbox"/> My mouth is moderately comfortable <input type="checkbox"/> My mouth is uncomfortable	<input type="checkbox"/> I think my dental health is excellent <input type="checkbox"/> I think my dental health is good <input type="checkbox"/> I think my dental health is poor
<input type="checkbox"/> I have set goals for my dental health <input type="checkbox"/> I have never set goals for my dental health <input type="checkbox"/> I want to set goals for my dental health	<input type="checkbox"/> I can chew all types of food comfortably <input type="checkbox"/> I have difficulty chewing some foods <input type="checkbox"/> I have difficulty chewing most hard/crunchy foods
<input type="checkbox"/> I think the appearance of my mouth is excellent and would change nothing <input type="checkbox"/> I think the appearance of my mouth is ok <input type="checkbox"/> I think my appearance of my mouth is not good <input type="checkbox"/> I desire whiter teeth <input type="checkbox"/> I desire straighter teeth	<input type="checkbox"/> I have generally chosen the highest quality dental option offered <input type="checkbox"/> I have generally based my treatment choices on the initial cost <input type="checkbox"/> I have rarely gone to the dentist and not complete treatment discussed
<input type="checkbox"/> I hope for excellent dental health care and repair <input type="checkbox"/> I would like good dental health and repair <input type="checkbox"/> I desire only urgent treatment	<input type="checkbox"/> I am familiar with Holistic Dentistry and its importance <input type="checkbox"/> I am open to possibilities of Holistic Dentistry <input type="checkbox"/> I am only interested in General Dental Care

**Who are the alternative health care providers you have seen, and for what therapies?**

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### Birth History

Were you  natural delivered or  c-sectioned? Any special tools used? (vacuum) \_\_\_\_\_  
 Premature? \_\_\_\_\_ Any complications with the birth or delivery? \_\_\_\_\_

### Early Feeding

Bottle  Breastfed  Both bottle and breastfed  Difficulty during breastfeeding  
 no problem in early solid food introduction  History of food chocking  
 Any history of oral habits? (Thumb sucking, etc...) \_\_\_\_\_

**Are you fully vaccinated?**  Yes  No Note: \_\_\_\_\_

**Any history of tonsillectomy or adenoidectomy?**  Yes. If so, Which year? \_\_\_\_\_  No

**Any history of tongue tie release?**  Yes. If so, any release or procedures? When? \_\_\_\_\_  No

**Any history of orthodontic treatment?** (braces / palatal expansion)  Yes. If so, when? \_\_\_\_\_  No

**Are you using any alternative relaxation techniques** (Yoga, meditation, etc)  Yes  No

**Who is your primary care doctor/provider?** \_\_\_\_\_ last check-up (date)? \_\_\_\_\_



## Medical History

Have you or have you EVER had the following below

	Yes	No		Yes	No
1. High Blood Pressure	<input type="checkbox"/>	<input type="checkbox"/>	26. Liver Disease	<input type="checkbox"/>	<input type="checkbox"/>
2. Atherosclerosis	<input type="checkbox"/>	<input type="checkbox"/>	27. Kidney Disease	<input type="checkbox"/>	<input type="checkbox"/>
3. Congestive Heart Failure	<input type="checkbox"/>	<input type="checkbox"/>	28. Arthritis	<input type="checkbox"/>	<input type="checkbox"/>
4. Heart Attack	<input type="checkbox"/>	<input type="checkbox"/>	29. Osteoporosis	<input type="checkbox"/>	<input type="checkbox"/>
5. Infective Endocarditis	<input type="checkbox"/>	<input type="checkbox"/>	30. Systemic Lupus Erythematosus	<input type="checkbox"/>	<input type="checkbox"/>
6. "Leaky" heart valves	<input type="checkbox"/>	<input type="checkbox"/>	31. Seizure/Epilepsy	<input type="checkbox"/>	<input type="checkbox"/>
7. Pacemaker/implanted defibrillator	<input type="checkbox"/>	<input type="checkbox"/>	32. ADD/ADHD	<input type="checkbox"/>	<input type="checkbox"/>
8. Stroke	<input type="checkbox"/>	<input type="checkbox"/>	33. Tumors/abnormal growth	<input type="checkbox"/>	<input type="checkbox"/>
9. Abnormal bleeding	<input type="checkbox"/>	<input type="checkbox"/>	34. Cancer	<input type="checkbox"/>	<input type="checkbox"/>
10. Anemia	<input type="checkbox"/>	<input type="checkbox"/>	35. Sexually Transmitted Diseases	<input type="checkbox"/>	<input type="checkbox"/>
11. Blood transfusion	<input type="checkbox"/>	<input type="checkbox"/>	36. HIV/AIDS	<input type="checkbox"/>	<input type="checkbox"/>
12. Prolonged Bleeding	<input type="checkbox"/>	<input type="checkbox"/>	37. Recurrent infections	<input type="checkbox"/>	<input type="checkbox"/>
13. Asthma	<input type="checkbox"/>	<input type="checkbox"/>	38. TMD/TMJ	<input type="checkbox"/>	<input type="checkbox"/>
14. Breathing or sleep problems	<input type="checkbox"/>	<input type="checkbox"/>	39. Chronic back pain	<input type="checkbox"/>	<input type="checkbox"/>
15. Emphysema	<input type="checkbox"/>	<input type="checkbox"/>	40. Chronic musculoskeletal pain	<input type="checkbox"/>	<input type="checkbox"/>
16. Tuberculosis	<input type="checkbox"/>	<input type="checkbox"/>	41. Migraine Headaches	<input type="checkbox"/>	<input type="checkbox"/>
17. Kidney Problem	<input type="checkbox"/>	<input type="checkbox"/>	42. Psychiatric illnesses	<input type="checkbox"/>	<input type="checkbox"/>
18. Liver Disease	<input type="checkbox"/>	<input type="checkbox"/>	43. Autism Spectrum Disorder	<input type="checkbox"/>	<input type="checkbox"/>
19. Jaundice	<input type="checkbox"/>	<input type="checkbox"/>	Do you:		
20. Thyroid Disease	<input type="checkbox"/>	<input type="checkbox"/>	Smoke	<input type="checkbox"/>	<input type="checkbox"/>
21. Other Hormonal Deficiency _____	<input type="checkbox"/>	<input type="checkbox"/>	Drink Alcohol	<input type="checkbox"/>	<input type="checkbox"/>
22. High cholesterol	<input type="checkbox"/>	<input type="checkbox"/>	Do any recreational drugs	<input type="checkbox"/>	<input type="checkbox"/>
23. Diabetes	<input type="checkbox"/>	<input type="checkbox"/>	(marijuana, etc)		
24. Stomach or duodenal ulcer	<input type="checkbox"/>	<input type="checkbox"/>			
25. Gastric reflux issue	<input type="checkbox"/>	<input type="checkbox"/>			

If you have any other significant medical problems not listed above, please write them below

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Are you currently pregnant?  Yes or  No

Any surgeries in the past?

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Do you have any allergies? If yes, please elaborate?  No  Yes: \_\_\_\_\_

Please list all medications that you are currently taking

Drug:	Purpose	Drug	Purpose
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____